

# COLORADO DEVELOPMENTAL DISABILITIES COUNCIL 2022-2026 FIVE-YEAR PLAN DEVELOPMENT PROCESS

## GOALS & OBJECTIVES

**GOAL ONE:** By October 2026, more Colorado children, and adults with IDD of all backgrounds, and their families, will have the individualized services and supports needed to fully participate in the community at large.

**Objective 1.1** — By 2026, education led by the Council, self-advocates, families, and partners will inform at least 200 people with IDD and their families about the impact of the *Taxpayers Bill of Rights* on the availability of Home and Community Based services and supports.

**Objective 1.2** — Through advocacy and stakeholder engagement, each year, the Council will prepare a minimum of 50 Coloradans with IDD and their families to increase the customized implementation of individualized services and budget allocations within systems that will increase individualized participation in the community at large.

**Objective 1.3** — Each year, the Council will educate and engage a minimum of 50 people with IDD and their families, including but not limited to those who are either new to IDD or who have immigrated to Colorado on how to navigate existing service systems to secure services and supports.

**Objective 1.4** — By 2026, through education and coalition advocacy, the Council and its partners will provide 100 of Colorado families or guardians of people with IDD of all backgrounds with strategies for securing services or supports to meet their family support needs.

**Objective 1.5** — By 2026, the Council and its partners will fund primary research to identify and learn about alternative approaches and strategies Coloradans with IDD and families are using to meet their daily needs who are not using government funded supports and services.

**GOAL TWO:** By October 2026, there will be more opportunities for Coloradans with IDD of all backgrounds and their families to benefit from lifelong learning.

**Objective 2.1** — By 2026, together with partners, the Council will support 250 Coloradans with IDD between the ages of 14 and 65 and their families be exposed to the fact that *"employment for all"* applies to them and that real-world skill-building opportunities will increase their marketability to hiring authorities.

**Objective 2.2** — By 2026, 100 Coloradans with IDD and their families will have increased access to technology solutions and the capacity to use those solutions in creative ways to increase inclusion, integration, and full participation in the community at large.

**Objective 2.3**— By 2026, 150 members of families including single parents, two-parent extended, intergenerational, or foster families with students with IDD (pre-K through grade 12) will be educated in and using current best practice tools to advocate effectively for Individualized Education Plans that demonstrate progress toward personalized, self-determined goals, objectives and strategies and incorporate educational best practices in planning and outcome.

**Objective 2.4**— For each year of the plan, the Council will provide *Speaking for Ourselves Colorado* direct financial support and technical assistance to implement its strategic plan, expand its membership, learn organizational development and leadership skills, and to build member capacity to direct self-advocacy efforts statewide.

**Objective: 2.5** — Each year, the Council and *Speaking for Ourselves<sup>1</sup> of Colorado (SFO)* will educate a minimum of 20 Coloradans with IDD to lead self-directed lives by providing information and training (on topics such as navigating service systems, self-determination, supported decision making, rights, leadership, and systems change).

**GOAL THREE:** By October 2026, 250 Coloradans with IDD of all backgrounds and their families have increased capacity to ensure they obtain integrated housing within the community and competitive integrated employment.

**Objective 3.1**— By 2023, the Council will develop, convene, and resource a statewide coalition comprised of people with IDD, people with other disabilities, their family members, and other strategic partners to drive broader implementation of policies and practices consistent with the Olmstead Decision<sup>2</sup>, as well as support the Colorado Statewide Transition Plan<sup>3</sup>.

**Objective 3.2**— By 2024, the Council and its partners will develop an advocacy curriculum and train a minimum of 50 self-advocates and family members about using the Olmstead Decision and the Colorado Transition Plan to increase inclusion and integration of Coloradans with IDD in housing and employment.

**Objective 3.3**— By 2025, the Council and its partners will mobilize self-advocates and family members who completed the training (cited in 3.2, above) to advocate for the implementation of the recommendations proposed by the coalition (cited in 3.1, above).

**Objective 3.4**— By 2026, the Council and its partners will increase the representation of the interests of Coloradans with IDD and their families in coalition advocacy and system change efforts to increase affordability and accessibility of general housing stock statewide.

**GOAL FOUR:** By October 2026, the Council and its partners will build the capacity of Coloradans with IDD of all backgrounds and their families to implement strategies for improving well-being, increasing belonging, building meaningful relationships, and planning for the future.

**Objective 4.1**— By 2026, 10 Colorado parents with IDD and their children will improve their well-being by through increased access and learning about due process and policy reform to reduce discrimination, enhanced advocacy, and social support.

**Objective 4.2** — By 2026, 50 Colorado parents or guardians 65 years or older, with children with IDD will learn about and have established succession plans to meet the needs of their dependent children in the future.

**Objective 4.3**—By 2026, 150 self-advocates, parents, and guardians of people with IDD and their children will have information based on best practices to learn how to build meaningful personal relationships and social capital outside of systems resulting in individualized natural support plans and meaningful participation in the community.

**Objective 4.4**—By 2026, the Council and its partners will increase the capacity of 50 people with IDD and their families to know and apply medical rights and advocate for culturally and linguistically appropriate medical and behavioral healthcare over the lifespan.

1. Speaking For Ourselves is named in Objectives 1.1 and 2.4, because it is the only advocacy organization specifically led by people with IDD with a statewide presence. 2. The Olmstead Decision is a landmark, 1999, US Supreme Court Decision that has meaningful implications about integration of people with disabilities particularly in housing and employment. The Colorado Statewide Transition Plan is the roadmap for bringing our state in compliance with the Olmstead Decision. The other policies may include the Settings Rule which is a federal Rule from the Centers for Medicaid and Medicare.